

Books for Adults

Supporting a Bereaved Child



A Child's Grief: Supporting a child when someone in their family has died

By Julie Stokes & Diana Crossley, 2001
Winston's Wish, ISBN: 0953912310

An information booklet for an adult who is supporting a child through bereavement. It covers a variety of issues that may affect a child when someone close to them dies. It also includes practical suggestions and ideas for activities to do together with a child.

Death Customs

L Rushton, 1995
Wayland, ISBN: 0750216662

A look at some of the customs that are practiced in religions around the world.

Grief in Children: A Handbook for Adults

By Atle Dyregov, 1991
Jessica Kingsley Publishers, ISBN: 185302113X

This is a very practical and useful book written for adults to help them understand how children feel when someone important in their life dies. It covers areas such as children's grief reactions at different developmental levels, sex differences and different types of death. It makes many useful suggestions about how children can be helped to cope with their grief in an open, honest and positive way.

Talking about Death:

By Earl A. Grollman, 1991
A Dialogue Between Parent and Child Beacon Press, ISBN: 0807023639

This guide for parents recognises that many adults find it hard to honestly and openly explain death to children, especially when faced with their own grief. It includes quotes and examples from other parents and suggestions of what to say to a child as well as general advice.

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Talking with Children and Young People about Death and Dying M Turner, 2002

Jessica Kingsley

ISBN: 1-85302-563-1 A Workbook

SAD BOOK

Written By Michael Rosen, Illustrated by Quentin Blake.

ISBN: 0-7445-9898-2

We all have sad stuff - maybe you have some right now, as you read this. What makes Michael Rosen most sad is thinking about his son, Eddie, who died. In this book he writes about his sadness, how it affects him and some of the things he does to try to cope with it. Whether or not you have known what it's like to feel really deeply sad, its truth will surely touch you.